

Many Hands

Volunteering at Thrive DC

Thrive DC works to prevent and end homelessness by providing vulnerable individuals with a comprehensive range of services to help stabilize their lives. Thrive DC envisions a city in which the community unites to ensure that vulnerable individuals have the necessary support and resources to lead fulfilling and stable lives free of homelessness. Each Monday - Friday morning we serve breakfast and offer support services to 150 – 200 homeless and low-income men and women. Each Monday - Friday evening, we serve dinner and provide services to 40-60 women. In addition, Thrive DC provides supportive services like showers, laundry, computer access, case management, and emergency assistance.

It is the many hands of volunteers who make this work possible. Each day we need approximately 20 volunteers doing diverse work so that our clients get the food, supplies, and support they need. Our volunteers range from age 8 to age 80; some have a special expertise that they share, others come with little training but eager to serve. We welcome men, women, and families to volunteer with us. Below you will find descriptions of the opportunities for service at Thrive DC. As you read them, imagine the unique gifts you have to offer our city's most vulnerable population.

Breakfast Volunteer	Tuesday – Friday, 8:00am – 11:30am
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Dinner Volunteer	Monday – Friday, 4:00pm – 6:00pm
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Breakfast and Dinner Volunteers are essential parts of the Thrive DC team. The environment is often fast-paced. The qualities most needed in a Breakfast or Dinner Volunteer are to be **flexible and open-minded**. We need our breakfast and dinner volunteers to assist staff members in a number of ways. Duties could include preparing food, distributing supplies, serving the meal, greeting participants, clean-up, and meeting with people individually. This is a perfect opportunity for individuals, families, or groups of up to 8 people. Youth ages 16-17 may come unaccompanied after an initial visit with a parent or guardian. Youth ages 12 and up may come as part of a group with adult chaperones. Children under 11 are welcome if accompanied by *their own* parent. Scheduling is flexible, and a regular commitment is not necessary.

Computer Lab Attendant	Monday – Friday, 11:00am – 1:00pm Monday – Friday, 3:00pm – 5:00pm
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Computer lab attendants assist clients with résumé writing, job searches, e-mailing and other basic computer functions. Volunteers should have basic familiarity with Windows and Microsoft Office. This is the perfect opportunity for an individual who prefers close interaction with clients in a small-group setting. A regular commitment (at least monthly) is preferred. Individuals ages 18 and up only.

Contact:

Nathan Mishler, Community and Volunteer Resources Manager

Thrive DC

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Individual Resume and Job Application Assistants	Tuesday, 1:15pm – 3:15pm (1 hour shifts)
<p>1 on 1 resume and job application assistants are needed on an as-needed basis, depending on clients signing up for the service. Volunteers will be contacted by email on available opportunities. Volunteers may be assigned a certain day of the week to leave open for appointments and develop a recurring scheduled time for appointments on-site at Thrive DC's program. This is an ideal opportunity for someone who is personable, possesses professional experience, and has knowledge of cover letters, resumes, and online job applications. Anyone involved in Human Resources is encouraged to join this volunteer opportunity.</p>	
Donation Pick-up	Everyday, 6:30pm – 8:00pm Everyday, @ 7:00pm near Farragut West Metro Station
<p>Donation pick-up volunteers are called upon on an as-needed basis when Thrive DC receives a donation of food or program supplies that must be picked up from the donor. Most donation pickups are regular donations usually need picked up before or after a typical work day. Periodically volunteers will receive an email when a need arises, and may respond if they are available. Volunteers should have their own vehicle and a valid driver's license. Ability to lift up to 30lbs is sometimes necessary.</p>	
Administrative Volunteer	Monday – Friday, 9:30am – 6:00pm
<p>Administrative volunteers help with the behind-the-scenes tasks that make Thrive DC successful. Duties include answering telephones, data entry, filing, and assisting with mailings. Basic familiarity with Microsoft Word and Excel is helpful, but not necessary. Scheduling is flexible, and a regular commitment is not necessary. Ideal for individuals ages 16 and up.</p>	
Educational Volunteer	Monday – Friday, 9:00am – 6:00pm
<p>This is the perfect opportunity for adults who which to donate time in their area of expertise. Volunteer opportunities may include direct client interaction or behind-the-scenes work. For example, a nurse might volunteer to do a workshop on living with diabetes; a banker might run a forum on opening savings accounts; these opportunities are as diverse as our volunteers. If you have a skill or service that you would like to share, please contact Nathan Mishler to speak more about how your skills and talents may meet the needs of Thrive DC and its clients.</p>	
Activities Volunteer	Monday – Friday, 8:30am – 11:00am Monday – Friday, 3:00pm – 5:00pm
<p>Thrive DC is constantly striving to offer new and exciting activities to the individuals we serve. Whether you have an interest to help with a book club, yoga class, cross-word puzzle, poetry group, or any other activity – we want your talent here at Thrive DC. Opportunities are as diverse as the people we serve. A 1 volunteer day per week is required of our activities volunteers. Thrive DC will provide support and resources to get your activity started. Please contact Nathan Mishler to find how your skills can improve the lives of the people we serve.</p>	

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