

Thrive DC

Wish List

DONATE

Always Needed

- Brand-new socks (men's)
- Brand-new men's boxers and women's underwear and bras (especially in large sizes)
- Toiletries (especially travel sized)
 - Soap & Shampoo
 - Lotion
 - Deodorant
 - Gold Bond
 - Toothbrushes
 - Toothpaste
 - Men's and women's razors
- Sewing Kits
- Bulk Coffee
- Hospital Scrubs & sweatpants
- Maxipads and Tampons

Winter (Coat Drive)

- Coats (Especially men's XL and up)
- Blankets
- Hats, Scarves, Gloves

Spring (Spring Cleaning)

- Toiletries
- Belts
- T-shirts (L & XL) & Elastic Shorts

Summer (Summer Swelter)

- Sunscreen
- Gold Bond
- Hats
- T-shirts (L & XL) & Flip Flops

Fall (Back to Work)

- Backpacks
- Water Bottles
- Smartcards (\$35)

VOLUNTEER

SERVE BREAKFAST

Monday – Friday, 8 AM – 11 AM

- Help prepare and serve morning meal to 150+ community members
- Work directly with Program staff to facilitate laundry and shower services
- Distribute daily needed hygiene supplies to clients
- Work closely with our Culinary staff to distribute food from our Emergency Food Pantry
- Distribute fresh fruits and vegetables to low-income community members (Friday only)

SERVE DINNER

Monday – Friday, 4 PM – 6 PM

- Help prepare and serve evening meal to 30 – 40 women and children
- Assist Program Coordinator with evening activities
- Design and implement an evening activity with your group!

HELP WITH COMPUTER SKILLS AND EMPLOYMENT SEARCHES

Monday – Friday, 10 AM – 5 PM

- Assist clients with job searching and resume building (Tuesday & Thursday, 1 – 3 PM)
- Help clients use Microsoft Office products like Word and Excel
- Be a resource for clients with little computer literacy
- Lead an employment workshop focusing on soft skills like interview & interpersonal skills (Wednesdays 1 – 3 PM)