

Thrive DC

Wish List

Amazon Wish List: bitly.com/ThriveDCAmazon

Always Needed

- Brand-new socks (men's)
- Brand-new men's boxers and women's underwear and bras (especially in large sizes)
- Toiletries (especially travel sized)
 - Soap & Shampoo
 - Lotion
 - Deodorant
 - Gold Bond
 - Toothbrushes
 - Toothpaste
 - Men's and women's razors
- Sewing Kits
- Bulk Coffee
- Hospital Scrubs & sweatpants
- Maxipads and Tampons

Winter (Coat Drive)

- Coats (Especially men's XL and up)
- Blankets
- Hats, Scarves, Gloves

Spring (Spring Cleaning)

- Toiletries
- Belts
- T-shirts (L & XL) & Elastic Shorts

Summer (Summer Swelter)

- Sunscreen
- Gold Bond
- Hats
- T-shirts (L & XL) & Flip Flops

Fall (Back to Work)

- Backpacks
- Water Bottles
- Smartcards (\$35)

VOLUNTEER

[SERVE BREAKFAST](#)

Monday – Friday, 8 AM – 11 AM

- Help prepare and serve morning meal to 150+ community members
- Work directly with Program staff to facilitate laundry and shower services
- Distribute daily needed hygiene supplies to clients
- Work closely with our Culinary staff to distribute food from our Emergency Food Pantry
- Distribute fresh fruits and vegetables to low-income community members (Friday only)

[SERVE DINNER](#)

Monday – Friday, 4 PM – 6 PM

- Help prepare and serve evening meal to 30 – 40 women and children
- Assist Program Coordinator with evening activities
- Design and implement an evening activity with your group!

[FRONT DESK ATTENDANT](#)

Monday – Friday, 10 AM – 5 PM

- Check clients' mail for them and help sort incoming mail
- Distribute basic necessities like socks, underwear, and toiletries to people in need
- Help direct people to the best case manager for their problem.
- Assist clients with basic computer difficulties in the nearby computer lab

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www.ThriveDC.org

United Way Campaign #: 8280

Combined Federal Campaign #: 56398